



sponsored by



September 2026



Hello {{ contact.FIRSTNAME }},

*Where in the heck did summer go?* That's the feeling whenever August ends, leaving just three weeks until the official start of autumn. Soon, roses will drop their petals and leaves. Over the winter, the rose bushes will look like dead sticks. It will be a season of belief that spring will follow. But for now, we can still enjoy what's left of the color, fragrance, and beauty of growth. Slow down, stop, and enjoy it while it's here.

## Don't miss the Senior Resource Fair

**It's free, accessible, and open to all!** Ravalli Senior Network's signature event is back for its second year. Sapphire Lutheran Homes will host dozens of providers in an open fair atmosphere. Wander the booths, pick up information, connect with old friends, and meet new providers. Plus enjoy music, food and beverage trucks, and raffle giveaways throughout the event.

### **Bridging Generations, Building Community**

Saturday, September 19 – 10am to 1pm

Sapphire Lutheran Homes, 501 N. 10th St., Hamilton



## Online art program for people living with dementia

ARTZ-Connect aims to explore art together in an inclusive and engaging environment, from the comfort of your home! People living with dementia are invited on **virtual visits to art collections**. This September 11, visit the Woodmere Art Museum near Philadelphia. On September 16, go into the home of avid art collectors to look at some of their favorite pieces. ARTZ-Connect is part of ARTZ Philadelphia, a 501(c)(3) nonprofit that provides programs and services that offer connection, engagement, and respite to people living with dementia and their care partners.

### ARTZ-Connect at the Woodmere Art Museum – by Zoom

Friday, September 11 – 9-10am Mountain Time

**REGISTER to receive the Zoom link**

### ARTZ@Home with Julia and Richard – by Zoom

Wednesday, September 16 – 9-10am Mountain Time

**REGISTER to receive the Zoom link**

**Learn about October sessions here:**

<https://www.artzphilly.org/artz-connect/>



## Care Boss guides family caregivers

***Care Boss: Leadership Strategies & Resources for Family Caregivers***  
by Jennifer A. O'Brien, MSOD

*Care Boss* is a wise guide, workbook, and organizer that enables family caregivers to *lead* their loved one's care sensitively and effectively. This testament to the importance of caregiving brings dignity, strategy, organization, and a whole lot of heart to the messy and seemingly impossible task of providing quality care to a loved one. **Author Jennifer A. O'Brien** has 35+ years in healthcare leadership and pairs expertise with intimate experience as a family caregiver to her parents and husband.

**Get *Care Boss* at your favorite bookstore or [order direct here](#)**  
**[Get more free downloadable resources for caregivers](#)**



# Early signs beyond memory loss

Zoning out. Personality changes. Trouble parking between the parking lot lines. Would you recognize these as possible early signs of dementia? If memory loss is the only sign you're looking for, you may miss the emergence of other types of dementia. This new presentation will go over Alzheimer's, Lewy body, frontotemporal, and vascular dementias. We'll talk about what signs they do and don't have in common, and learn what to do if they happen to someone you know.

## **Beyond Memory Loss – free, no registration required**

September 22, 1-2:30pm

Council on Aging, 310 Old Corvallis Rd., Hamilton



Have an idea for us? [We welcome your comments.](#)

Check out our [events.](#)



### **Dementia Friendly Bitterroot**

sponsored by

**Council on Aging, serving Ravalli County**

310 Old Corvallis Rd., Hamilton, MT 59840

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