

Dementia Friendly Bitterroot



October 2026



Elder & Dementia Caregiver Support Group South

Caregivers come together for peer-to-peer, practical, and compassionate connection
October 2 & 16 — 1st & 3rd Friday each month – FREE, drop-in
1:00-3:00pm RCEDA, 274 Old Corvallis Rd., Hamilton

Elder & Dementia Caregiver Support Group North

Caregivers come together for peer-to-peer, practical, and compassionate connection
October 28 – 4th Wednesday each month – FREE, drop-in
10:30am Golden Needle, 3637 Hwy 93, Stevensville

MSU Mobile Memory Cafe

MSU Extension's traveling Memory Cafe makes a Hamilton stop to offer essential resources that support families, caregivers, and adults experiencing memory loss or dementia.

October 22 – FREE, drop-in
12-2pm Bitterroot Public Library Community Room, 306 State St., Hamilton

When Words Slip Away

Join this special presentation by Dr. Daniel Koltz, Gerontology Specialist with MSU Extension, as he explores memory loss and how to live a full life.

October 22 – FREE. No registration required.
6:00-7:30pm Bitterroot Public Library Community Room, 306 State St., Hamilton

Dementia Friends Learning Session

An eye-opening and engaging session that will change how you understand dementia.

October 27 – every 4th Tuesday each month – FREE, drop-in
10:30-noon Council on Aging, 310 Old Corvallis Rd.

Living Well: Attention!

Attention is critical to just about everything we do. Explore aspects of attention and learn simple exercises to maintain it.

October 27 – FREE
PLEASE REGISTER to help our planning
1-2:30pm Council on Aging, 310 Old Corvallis Rd.

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for more info or to register
call 406-363-5690 or
email www.DFBitterroot.us