Dementia Friendly Bitterroot

November 2026

Elder & Dementia Caregiver Support Group South

Caregivers come together for peer-to-peer, practical, and compassionate connection — especially important at this busy time of year.

November 6 & 20 — 1st & 3rd Friday each month – FREE, drop-in
1:00-3:00pm RCEDA, 274 Old Corvallis Rd., Hamilton

Elder & Dementia Caregiver Support Group North

Caregivers come together for peer-to-peer, practical, and compassionate connection — especially important at this busy time of year.

November 25 – 4th Wednesday each month – FREE, drop-in
10:30am Golden Needle, 3637 Hwy 93, Stevensville

DEMENTIA DISCUSSIONS

Planning for Better Holidays when dementia is involved

Celebrating holidays when dementia is involved can bring new and unexpected challenges. The aim is calm and joyful experiences for all, but how? Join us to talk about

- why recreating holiday traditions can lead to frustration and what to do instead
- the where, who, and what of celebrations that work for your loved one living with dementia
- suggestions for close care partners as well as distant family

Tuesday, November 24 – FREE
PLEASE REGISTER to help our planning
Call 406-363-5690
1-2:30pm Council on Aging, 310 Old Corvallis Rd.

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Council on Aging
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for more info or to register
call 406-363-5690 or
email www.DFBitterroot.us